



ST PETER'S
C.E. Primary School



The Keys Newsletter

1st October 2021

Message from Mr. Robinson

Dear Parent / Carer,

Unfortunately, I've been isolating this week, so I haven't been on the playground at the start or end of the school day or popping into classrooms as I normally do.

On Monday, I delivered an assembly to school about online cyber bullying, what it is and what we can do about it. With the recent surge in the types of devices and APPs that children can access nowadays, it is little wonder that problems occur. The conversation that can get out of hand, the message that is taken in the wrong context, the feeling of being invisible when you send a message and the effect it has on the recipient. The children were very knowledgeable, and we learned through videos provided by the National Online Safety website, what to do if they were worried about messages and images being sent and the fact that if you send a nasty message nowadays, it is very easy to prove that it's been done, often by a simple swipe of a screen. WhatsApp groups are the biggest issue for schools nowadays, so please keep an eye on this if your child is in one.

Next week we will be starting Black History Month. We will be having assemblies and lessons throughout the month, covering all aspects of Black History, learning about roles models past and present and celebrating the rich contribution of the black community to British culture and society.

Also next week, we will be launching our new St Peter's Award Scheme. A new initiative that will encourage all our Key Stage 2 children to expand their personal development, learn new skills, visit new places and improve their confidence gradually over time. It's a Bronze to Gold Scheme that needs both school and home to be involved to achieve to succeed, with simple tasks such as showing a basic knowledge of keeping themselves safe online, to the harder task of studying and presenting in front of an audience on wider issues, such as diversity or global warming. The Award Scheme will only work if home gets involved and we hope the children will really benefit from these graduated tasks. I will be working on a KS1 version after half term.

Have a lovely weekend

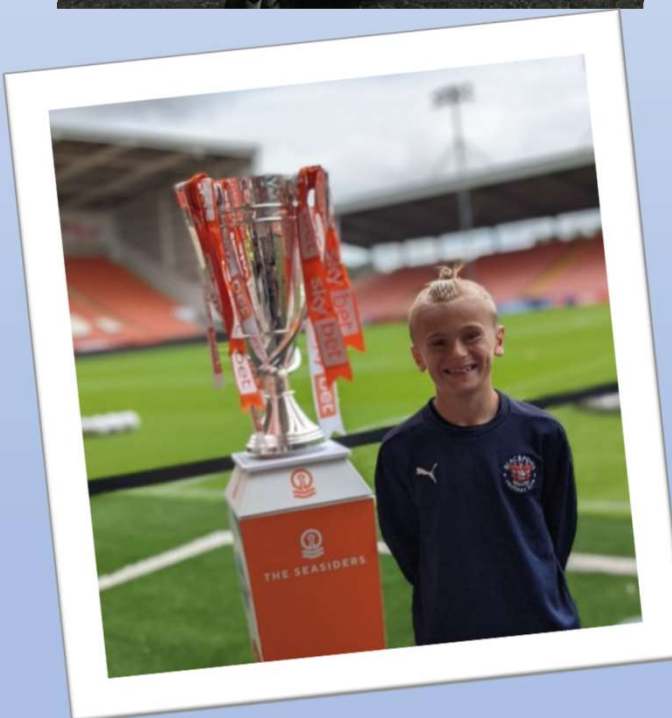
Mr Robinson



Champions

Niamh boxed at the weekend in the England boxing National Championship's ! She boxed on Saturday in her semi-final & won and stepped into the ring again on Sunday to win her final and become the 46-48kg National Champion!

Niamh is a former pupil of St Peter's, she is now in Y8 at Hope Academy. Congratulations, we are so very proud of everything you have achieved; next stop the Olympics.



Congratulations to Alex from Y5 signing his 2nd year contract with Blackpool FC. What an amazing achievement. A very proud moment for all your teachers and friends at St Peters.



Pupils of St Peter's celebrating the Harvest festival at church last Sunday.
What a great photo!



Newton Storm ARLFC



We are currently looking for boys and girls from school years two, three and four to join our teams in preparation for the March 2022 season.

If anyone would like to give rugby a try in a fun filled environment, run by fully qualified and DBS checked coaches, please pop along to Newton Sports Club on Monday evenings - 06:15pm until 7pm.

Please see our Facebook page: [Newton Storm A.R.L.F.C Cubs](#) for details of training and other age groups available starting from Reception through to open age.

Twitter: @NewtonstormARL

Webpage: www.pitchero.com/clubs/newtonstormarafc



A big thank you to Tesco Earlestown for their donation of copier paper. It will be put to good use.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one issue of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

12 Top Tips TO SUPPORT MENTAL WELLBEING THROUGH NATURE Online and Offline

'Nature' is a superb choice as the theme of this year's Mental Health Awareness Week, as there's clear evidence that getting access to nature is excellent for our mental health. With Covid-19 restrictions beginning to ease, it's the perfect time of year to rediscover the natural world and give ourselves a calming, uplifting treat. You don't have to drag the family on a four-hour hike, either – just 10 minutes each day in the garden, in the local park or your nearest green space could really help. Here are 12 suggestions for ways you can benefit from nature – both online and off.

ONLINE

OFFLINE

1 Give something back to nature

A swift internet search should bring up details of any local conservation projects you could volunteer for, or litter-picking events that you could enrol the family in. It doesn't have to be a long-term commitment: most schemes are grateful for every bit of help!

1 Ditch the phone

Now the weather's improving, go for a walk in a green space nearby. If you're already familiar with your chosen route, you could always leave your phone at home to be completely free of the usual distractions and notifications.

2 Tranquil streams

Search your preferred music player for some soothing natural sounds. A few minutes' gentle audio of rainfall, ocean waves or birdsong are all great ways of unwinding at the end of the day to get you ready for an excellent night's sleep.

2 Put down some roots

Planting flowers, shrubs, herbs or vegetables can be extremely rewarding. Not only does it help us to connect with nature – it also provides an ongoing project to draw pleasure from. If your home doesn't have a garden, no problem: a window box will do the job just as well!

3 Give geocaching a go

If you've not heard of it, geocaching is a modern twist on the traditional treasure hunt. Participants look for items hidden in outdoor locations, using a GPS-enabled device like a mobile phone or tablet. We'd recommend that an adult accompanies young adventurers!

3 A different kind of tweet

Most gardens in the UK attract a wonderful variety of birds, and just watching them for a few minutes can be immensely therapeutic. There are some excellent apps and sites to help you name any species you don't already know or even play a game: identifying bird song. Like *bird song bingo!*

4 Share what you see

While you're out exploring nature, take a photo or video of anything you find that inspires you. Not only will it be a nice memory for you to look back on, but you could also share it safely on social media and maybe motivate others to engage with the natural world!

4 Feed your feathered friends

Hang a bird feeder where you can easily see it from a window. Then enjoy the feel-good factor of satisfied avian visitors perching where you can see them. For something more advanced, you could try building a nesting box to fix onto a fence or under a window sill.

5 Watch the stars

Looking at the night sky can be incredibly calming. There are some comprehensive stargazing websites and apps to help you locate and recognise different stars. It can take 20 minutes or so before you can see stars fully in the dark, even on clear nights, so allow your eyes time to adjust.

5 Park your worries

If you're lucky enough to live within easy travelling distance of a park, you'd benefit from using it. Whether it's to play ball games, get on your bike, walk the dog or just get some fresh air into your lungs, the potential bonuses for mental health are enormous.

6 Wildlife on the web

A Google search will bring up lots of sites that stream webcam footage of nature. From seals to barn owls, rabbits to badgers, you can get an intimate, heart-warming view of all kinds of animal communities from inside the comfort of your own home.

6 Art and soul

Younger children will enjoy drawing or painting animals or nature scenes, or writing a poem or song lyrics about nature. For extra art or crafting fun, you could collect natural materials – leaves, feathers, tree bark or seeds, for example – to use in your creations.

Meet Our Expert

Anna Batesman is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department for Education, advising them on their mental health green paper.



National Online Safety

#WakeUpWednesday

Sources: <https://nhfrees.org/coronavirus-locks-down-we-need-nature-now-more-ever> | <https://www.nationalgeographic.com/magazine/article/call-to-wild> | 'Mental Health and Nature', Mind, 2018

www.nationalonlinesafety.com | [@natonlinesafety](https://twitter.com/natonlinesafety) | [/NationalOnlineSafety](https://facebook.com/NationalOnlineSafety) | [@nationalonlinesafety](https://instagram.com/nationalonlinesafety)

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 12.05.2020

Could you please complete your child's electronic flu consent form via this link ASAP

<https://forms.merseycare.nhs.uk/flu-vaccination>



If you have any difficulties accessing the link please contact the corresponding immunisation team who will be happy to help, 01744 624353

Remember flu is a really unpleasant illness and having your child vaccinated with a quick, painless nasal spray is the best way to protect them, your family and friends.

We understand that some people may not want to take up this offer and we ask that you still complete the form and choose that you don't want your child to receive it to avoid our service contacting you.

If your child is in a different year group for their age please add the year group according to their DOB to ensure you can progress with completing the form.

Many Thanks,
School based immunisation services



New Reception Tours

We will be holding tours of school for those children who are due to start Reception in September 2022.

All of these tours will take place out of school hours.

Please telephone 01744 678630 or Email stpeter@sthelens.org.uk to book a place

1. Wednesday 3rd Nov 4.30pm
2. Monday 8th Nov 4.30pm
3. Wednesday 1st Dec 4.30pm.

Please note there is a limited number allowed on each tour so booking is advisable.

Thank you

P.T.A NEWS



Below is the meeting link for the PTA AGM on Monday 4 October at 7.30pm

Join Zoom Meeting

<https://zoom.us/j/94626305055>

Meeting ID: 946 2630 5055

The meeting is a chance to see what the PTA have been up to for the last 12 months and to input into the planning for the coming year. All our welcome.

Thank you for your support.



Please return your ballot papers as soon as possible. The candidates statements have been emailed out and are also on the website, under ABOUT US/GOVERNORS

Office news

Dinner Money

If your child wishes to change their lunch preference please advise the office via email giving **a week's notice**. Payment is taken through the School Money Online Payment System.

Uniform

Uniform can be ordered direct from Touchline UK
Liverpool Rd, Warrington, WA5 1AE, 01925 413777
sales@touchline-embroidery.com

We also have a small number of items on the School Money site under SHOP which you can pay for then contact school to arrange for them to be sent home with your child.

Absence

When reporting on the absence line, can we politely request that you leave a brief description of your child's illness rather than just saying they are unwell. If your child has vomiting or diarrhoea please note that they should not return to school for a period of 48 hours after the last incident. This is a local authority policy

Applications for Holiday Leave must be submitted to school at **least 4 weeks** in advance. Forms can be found on the school website or requested from the school office. In accordance with Government and Local Authority policy, holidays taken during term time will only be authorised in **exceptional circumstances**.

Changes

It is very important that if you change contact numbers, emails or addresses that you advise us as soon as possible. Any changes must be sent into school via email.

Thank you



Contact Details

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Covid-19

Can we please stress if you or a member of your household show any symptoms of Covid-19 **you must remain at home and get a test.**

<https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/or> by phoning 111

If you or your children have any symptoms you MUST take a PCR test not a Lateral Flow Test

To arrange a test call 119 or go to the website <https://www.nhs.uk/ask-for-a-coronavirus-test>

Further information is available on <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>