



Rainbow Team Newsletter

Safeguarding, Nurture and Wellbeing

This term, we welcome Mrs Bebbington and Mrs Miller to the Rainbow Team. Mrs Miller will provide much needed extra provision for nurture and chat time with pupils. Mrs Bebbington is to roll out our Boxall Profile Assessments which are designed to help us understand how we can work more effectively with specific children.

Your Rainbow Team

Mrs Colley – Senior Mental Health Lead, Designated Safeguarding Lead, Domestic Abuse Lead.

Mrs Vinyard - Special Education Needs Co-Ordinator

Mrs Davidson – Nurture and Wellbeing

Mrs Miller – Nurture and Wellbeing

Mrs Bebbington – Boxall Assessments

Rainbow Focus:

SEND & The Graduated Approach

At St Peter's, 20% of our pupils are on the SEND register. Along with all schools, we follow the graduated approach framework that contains detailed suggestions of appropriate support for individual areas of need. It follows a repeated cycle of assess, plan, do and review in order to make adjustments to the support in place for each child. They are not a 'blueprint', rather they are a description of the types of support the local authority would consider appropriate at different levels within the SEN Support provision plan.

One of the biggest dangers is the rush to diagnose without following a cycle to involve relevant services at the right time, to fully understand a child's needs. This can easily lead to a misdiagnosis or missed opportunities to add supportive interventions which will meet the needs of a child. A graduated approach looks at ruling things out through assessment, planning and review, interventions (individual, small group and class sized), and working with external agencies. IEPs are put in place and the process of ruling things out starts; this may include hearing, visual impairment or sensory needs. It all takes time and there is no magic wand to quicken things up.

Some parents /carers may have heard about an EHCP (Education Health Care Plan). This plan is for children who have specific, complex needs and it requires information from school and more importantly, external agencies and professionals. It is important to note that this is a very lengthy process.

At St Peter's, we are lucky to have a very experienced SEN Lead in Mrs Vinyard who is highly regarded for her knowledge by SEN professionals and consultants across St Helens and wider.

Useful Acronyms & Vocabulary about Safeguarding

DSL: Designated Safeguarding Lead

SPOC: Single Point of Contact (PREVENT) - responsible for preventing children being impacted by extremism

PREVENT: Part of the Government's Counter Terrorism Strategy to stop people being drawn into extremism

LADO: Local Authority Designated Officer—who deals with position of trust safeguarding issues

DBS: Disclosure & Barring Service used to make safe recruitment decisions



Safeguarding

Designated Safeguarding Lead
Mrs Colley

Deputy DSL's
Mrs Harrison Mr Robinson

Safeguarding Governor
Mrs Hutton

Autumn Term Safeguarding for Pupils

Mrs Colley is Operation Encompass trained. Our school participates in a national scheme called 'Operation Encompass', which is a joint partnership between the Police and schools. One of the principles of Operation Encompass is that all incidents of domestic abuse are shared with schools, not just those where an offence can be identified.

As part of St Helens multi agency approach, children who witness domestic abuse are victims of domestic abuse in line with the Domestic Abuse Act 2021

Do you know how much sleep your child needs?

The amount of sleep that your child is recommended to have is based upon their age. The NHS recommends the following:

Age	Amount of sleep
5 years old	11 hours
6 years old	10 hours 45 minutes
7 years old	10 hours 30 minutes
8 years old	10 hours 15 minutes
9 years old	10 hours
10 years old	9 hours 45 minutes
11 years old	9 hours 30 minutes



The Healing Power of Sleep

Good sleep is fundamental to good mental health, just as good mental health is vital to good sleep. A good night's sleep is about getting to sleep, staying asleep and getting enough good quality, deep sleep.

Having enough good-quality sleep is a key, and often underestimated, protective factor for children and young people.

Sleep helps to regenerate their brains and bodies, process information and memories, boost immunity, guard against obesity and stress, and help concentration, learning and behaviour.

Places to go to for support and advice

Young Minds – <https://youngminds.org.uk/> helpline and contact email address live.

Communicate any concerns with school

If you have any worries or concerns about your child's emotional behaviour or well-being, then please let school know. There will be things we can do to help further and support you.



Out of school: If you believe that a child or young person is at immediate risk, you should report this without delay to the police service on 999.

If a child is not in immediate danger, you can do one of the following:

- Call the **Contact Centre** on (01744) **676767** and tell them that you have a concern about a child;
- Outside of office hours call the **Emergency Duty Team** on **0345 050 0148**;
- Call **Merseyside Police** on **0151 709 6010** (24 hour line);
- Discuss your concerns with a professional you can trust such as a health visitor, teacher or GP; or
- Contact the **NSPCC Helpline** on **0808 800 5000**.

Attendance Matters

What happens if attendance starts to fall?

Poor school attendance will often be regarded as a safeguarding issue, depending on the circumstances. If your child(ren) fall below 90%, this is classed as Persistent Absenteeism and is monitored by a St Helens Education Welfare Officer (EWO). The EWO visits St Peter's each month and looks through our attendance data. Below 94%, you may receive a call or reminder by a member of staff, however below 90%, you will receive a letter in line with St Helen's MBC attendance procedures. If there is no improvement, the Welfare Officer will contact you personally and invite you in for a meeting.

The EWO also looks for specific trends such as regular Fridays and Mondays off, regular odd days here and there and unauthorised holidays. With regards to lengthy holidays, the time missed can't be caught up and the child will be on constant catch up in vital areas of the curriculum, a pupil may not reach age related expectations for that academic year. It isn't possible to worry about a child's progress and take them out of school for holidays. If you are having specific issues getting your child(ren) in, then please contact us and we will support you where we can.

School Target: 98% / Autumn Term 2023: 97.2%