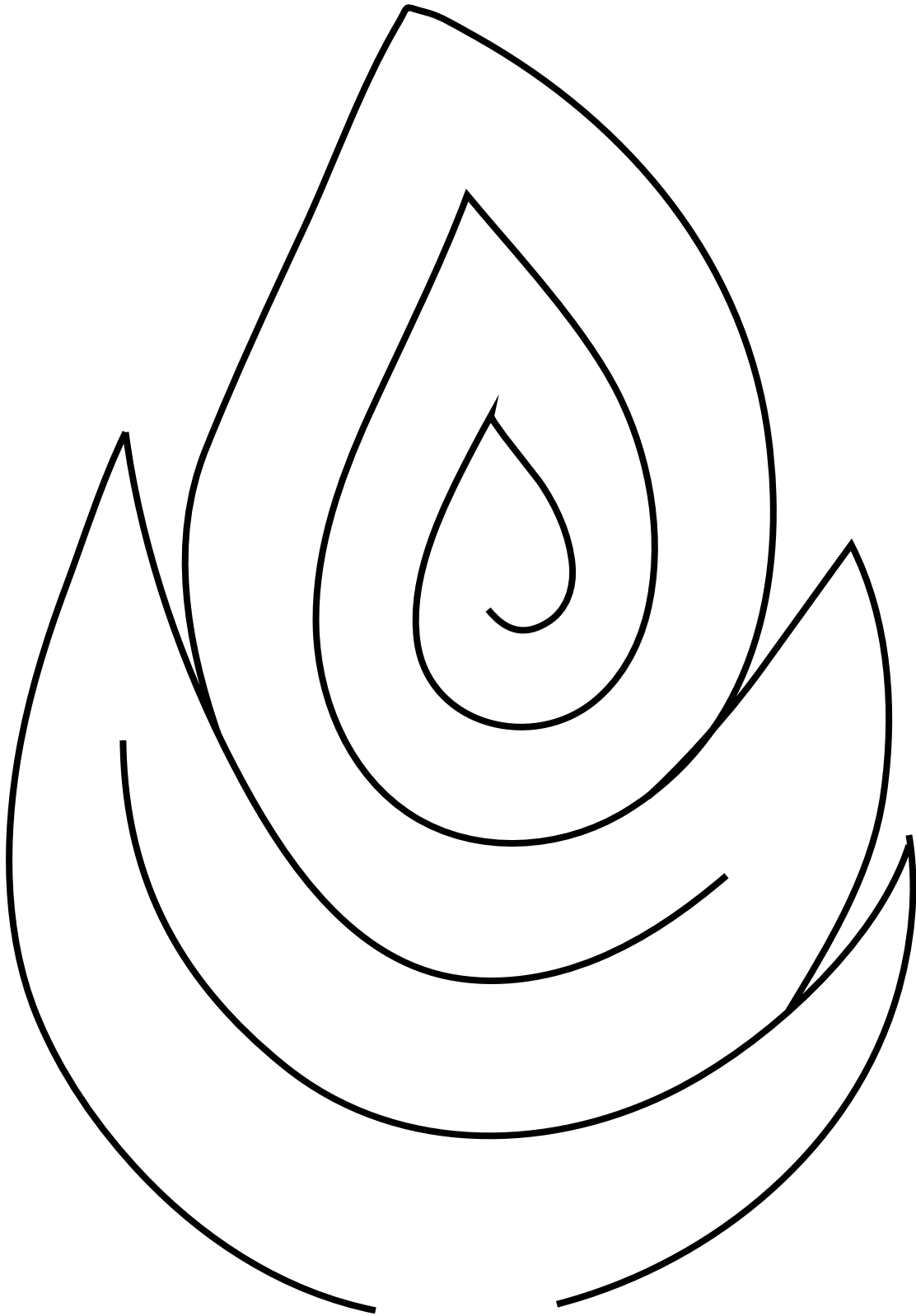


Flame Finger Labyrinth

strandz



START

As you move to the centre of the flame, think about the word: Hope. What does it bring to mind? What do you think of?

IN THE CENTRE

Pause and listen to God. The Bible reminds us that the Holy Spirit can fill us with hope. (Romans 15:13). What do you need hope for today? Ask God to fill you up with hope.

ON THE WAY OUT

As you trace your way back out the flame, think about someone who needs hope this week, and ask God to fill them with the Holy Spirit.