



Name: Class: Classify each food according to its place on the food pyramid. One has been done for you. fat fat BUTTER RICE meat and beans meat and beans milk milk fruit vegetables fruit vegetables| grains grains WATER MELON at fat PEAS meat and beans meat and beans milk milk vegetables fruit vegetables fruit grains grains at fat YOGHURT FISH meat and beans meat and beans milk milk vegetables vegetables fruit fruit grains grains

Create a balanced meal.

Include something from each of the groups on the food pyramid.

