

Physical Education Curriculum Overview



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Gymnastics- balance, spatial awareness and travel.	Dance	Catching and throwing.	Gymnastics- balance, spatial awareness and travel.	Invasion	Athletics
Year 1	Dance	Gymnastics	Catching and throwing.	Games – Strike + Field (Cricket)	Games – Invasion	Athletics
Year 2	Catching and Throwing	Swimming	Gymnastics	Dance	Games- Invasion (Football)	Athletics
Year 3	Dance	Gymnastics	Games – Invasion (Rugby)	Games- Strike + Field (Kwik Cricket)	Swimming	Athletics
Year 4	Dance	Gymnastics	Games- Invasion (Football)	Swimming	Games- Strike + Field (Rounders)	Athletics
Year 5	Games- Invasion (Hockey)	Gymnastics	Swimming	Dances from other cultures	Games- Strike + Field (Kwik Cricket)	Athletics
Year 6	Games- Invasion (Netball)	Dance	Gymnastics	Games- Striking and fielding (Rounders)	Athletics	Swimming